

TAKE ACTION!
Living well with diabetes

**Chautauqua County
Directory of Resources
January 2010**

Sponsored By:



**Aligning Forces
for Quality** | Improving Health & Health Care in
Communities Across Western New York

An initiative of the P² Collaborative of Western New York and the Robert Wood Johnson Foundation

**Western New York Association of Diabetes
Educators (WNYADE)**

Please note, this may not be a complete directory of community services currently available to diabetics in Western New York. If you are aware of a program that is not currently listed in the guide but should be, please complete and submit the form below. The Diabetes Resource Guide Directory of Services will be updated quarterly in order to maintain current with services available

Diabetes Resource Guide Community Resources Inventory

Organization/Practice:

Program Name (if applicable):

Address:

Phone (including area code):

Fax (including area code):

Email and/or Website address:

Briefly describe the service(s) offered.

We would appreciate it if you would provide us your name and phone number so we may contact you should we have any questions about the information.

Submitted by _____

Phone _____ **Email** _____

Note: Submission of information does not guarantee publication in Resource Guide. Submitted content may be edited to meet specifications of the Resource Guide.

**Please return completed form to:
Dawn Greyson, 6225 Sheridan Drive, Suite 206, Williamsville, NY 14221
Email: dawn@p2wny.org
Fax: 716-631-2962**

Brooks Memorial Hospital

529 Central Avenue
Dunkirk, NY 14048

Ph: (716) 363-7296

Fax: (716) 363-7340

Website: www.brookshospital.org

E-mail: lwalters@brookshospital.org

Program: ***Diabetes Self-Management Education Program***

Description: Brooks Memorial Hospital offers general diabetic education, diabetes self-management education, individual counseling, group sessions, and dietary council. A Diabetic Support group meets last Monday of every month at 6:30pm.

Cattaraugus Indian Reservation Health Center

36 Thomas Indian School Drive
Irving, NY 14081

Ph: (716) 532-8223 x 5208

Fax: (716) 532-2501

Website: www.sni.org/health.htm

E-mail: Luanne.spruce@senecahealth.org

Program: ***Balancing Your Life & Diabetes***

Description: Programs offered include: diabetes prevention program for people with pre-diabetes; core diabetes instruction program for people with diabetes; individual diabetes education; disease management support group; disease management self-management classes; fitness; and nutrition education for eligible Native participants utilizing Indian Health Services.

Chautauqua County Health Network

200 Harrison Road
Jamestown, NY 14701

Ph: (716) 338-0010

Fax: (716) 338-9740

Website: www.cchn.net

Program: ***Living Well – Chronic Disease Self-Management Program***

Description: The Chronic Disease Self-Management Program is a workshop given two and a half hours, once a week, for six weeks, in community settings such as senior centers, churches, libraries and hospitals. People with different chronic health problems attend together. Subjects covered include: 1) techniques to deal with problems such as frustration, fatigue, pain and isolation, 2) appropriate exercise for maintaining and improving strength, flexibility, and endurance, 3) appropriate use of medications, 4) communicating effectively with family, friends, and health professionals, 5) nutrition, and 6) how to evaluate new treatments.

Chautauqua County Office for the Aging

HRC Building
7 North Erie Street
Mayville, NY 14757

Ph: (716) 753-4471

Website: www.co.chautauqua.ny.us

Program: ***Nutrition & Wellness Programs***

Description: The Chautauqua County OFA offers numerous activities to promote the health and wellness of seniors. Services include: in-home nutrition education, physical activity programs, Meals on Wheels and congregate meal sites.

Chautauqua PT, OT & SLP Professionals, PLLC

Riverwalk Center
15 South Main Street, Suite 220
Jamestown, NY 14701

Ph: (716) 488-2322

Fax: (716) 488-2574

Website: www.chautauquapt.com

E-mail: jgoerke@chautauquapt.com

Description: Chautauqua PT, OT & SLP Professionals offers anodyne therapy for diabetic neuropathy, numbness and pain. Balance training and therapeutic exercise is also available.

**Cornell Cooperative Extension of
Chautauqua County**

3542 Turner Road, Suite 1
Jamestown, NY 14701

Ph: (716) 664-9502 x 216

Fax: (716) 664-6327

Website: <http://chautauquacce.shutterfly.com>

Program: *Eat Smart NY*

Description: Nutrition educators work with low-income individuals with diabetes that have received a meal plan from a dietician. The service consists of 6-8 lessons that can be offered in a home or group setting.

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Jamestown, NY 14701

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Website: <http://chautauquacce.shutterfly.com>

Program: *Women, Infants, Children
Nutrition Program*

Description: Nutrition education is provided to women and children through the WIC program. CCE also provides home health services, minority health outreach for the developmentally disabled, mobile crisis services and a migrant health program.

**Great Lakes Home Healthcare
Services Allied Healthcare Systems**

37 West Main Street
Fredonia, NY 14063

15 South Main Street
Jamestown, NY 14701

Ph: (716) 672-4704 (Fredonia)
(716) 664-5092 (Jamestown)

Website: www.greatlakeshhs.com

Description: Diabetic supplies such as shoes, blood glucose monitors, insulin pumps are

available. Educational sessions on diabetes are also available.

Great Lakes Medical Research

138 East Main Street
Westfield, NY 14787

Ph: (716) 326-4890

Fax: (716) 326-4887

E-mail: seek@glmr.info

Description: A variety of clinical research trials, many of which are for the treatment of diabetes are performed. Volunteers who participate in the trials are given one-on-one diabetic education sessions, free study-related medical care, medications, and supplies.

Hospice Chautauqua County

4840 West Lake Road
Mayville, NY 14757

Ph: (716) 753-5383

Fax: (716) 753-5253

Website: <http://hospicechautco.org>
E-mail: egaken@hospicechautco.org

Program: *Connections*

Description: *Connections* is a community service program dedicated to helping people achieve quality of life as they cope with a life-limiting and/or terminal illness. The program liaisons provide client advocacy and support and link people to other community resources for which they may be eligible.

Lakeshore Eye Care

Vishal Sharma, MD

12657 Seneca Road
Irving, NY 14081

Ph: (716) 934-3300

Description: Ophthalmology practice offering comprehensive eye care services to diabetic patients.

Northern Chautauqua Eye Clinic

Michael Lahood, MD

749 Central Avenue
Dunkirk, NY 14048

Ph: (716) 366-6300

Description: Ophthalmology practice offering comprehensive eye care services to diabetic patients.

Nutri-Perx

323 Central Avenue
Dunkirk, NY 14048

Ph: (716) 366-1012

Program: *Choose to Lose*

Description: Nutri-Perx offers services including nutrition planning, medical nutrition therapy, diabetes self-management, individual, and group weight loss programs.

Nutrition To Go

Kerry Mihalko, RD, CDE

255 Maple Avenue
Cassadaga, NY 14718

Ph: (716) 665-0792

Fax: (716) 595-3310

E-mail: kmihalko1@stny.rr.com

Description: Nutrition and diabetes education offered in the privacy of your home or office.

Podiatry Associates of Jamestown

Anthony Tuccio, DPM

Mark Tuccio, DPM

844 Fairmount Avenue
Jamestown, NY 14701

Ph: (716) 483-2220

Fax: (716) 487-2885

Description: Podiatry practice offering foot care services to diabetic patients.

The Resource Center

880 East 2nd Street
Jamestown, NY 14701

Ph: (716) 661-1447

Fax: (716) 661-1487

Website: www.resource-center.org

Program: *Primary Care Medical Services*

Description: The Resource Center offers medical care that emphasizes health promotion and disease prevention through patient education, as well as medical management of acute and chronic illness. Podiatrists, nutritionists, dentists, as well as a number of other medical professionals are on site for your health care needs.

Seneca Eye Surgeons

Timothy O'Brien, MD

Robert Weiss, MD

27 Porter Avenue
Jamestown, NY 14701

Ph: (716) 483-2020

Website: www.senecaeye.com

Description: Ophthalmology practice offering comprehensive eye care services to diabetic patients.

WCA Hospital

Lakewood Health Center
100 Mall Boulevard
Lakewood, NY 14750

Ph: (716) 763-7378

(716) 763-7390

Fax: (716) 763-5671

Website: www.WCAHospital.org

E-mail: Jacqueline.carlson@wcahospital.org

Program: *Diabetes Self-Management Program*

Description: WCA Hospital offers a comprehensive diabetes education program approved by the American Diabetes Association for meeting quality standards for excellence in

diabetes education. Classes and individual appointments, specialty services such as insulin pump education, and Healthy Balance classes are available. Services are covered by most insurance.

Westfield Memorial Hospital

189 East Main Street
Westfield, NY 14787

Ph: (716) 793-2211

(716) 326-4921

Fax: (716) 793-2312

E-mail: Kgreiner@svhs.org

Program: ***Diabetes Self-Management
Education Program***

Description: Westfield Memorial Hospital offers outpatient programs for nutrition and diabetes education. Diabetes support group also available.

Robert Zimmer, DPM

614 Central Avenue
Dunkirk, NY 14048

Ph: (716) 366-6393

Fax: (716) 366-6394

Description: Podiatry practice offering foot care services to diabetic patients.

Index

Diabetes Educators

Jacqueline Carlson, RD, CDE

WCA Hospital
110 Mall Boulevard
Lakewood, NY 14750
Ph: (716) 763-7378
Email: Jacqueline.carlson@wcahospital.org

Lori Crassi, RD, CDE

Cattaraugus Indian Health Center
36 Thomas Indian School Drive
Irving, NY 14081
Ph: (716) 532-8223

Kathleen Krieg, RN, CDE

WCA Hospital
110 Mall Boulevard
Lakewood, NY 14750
716-763-7390

Kerry Mihalko, RD, CDE

Nutrition To Go
255 Maple Avenue
Cassadaga, NY 14718
Ph: (716) 665-0792
Fax: (716) 595-3310
Email: kmihalko1@stny.rr.com

Linda Walters, RN, CDE

Brooks Memorial Hospital
529 Central Avenue
Dunkirk, NY 14048
Ph: (716) 363-7296

Health Care Providers

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Website: www.resourcecenteronline.org

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Programs

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Email: Luanne.spruce@senecahealth.org

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HRC Building
7 North Erie Street
Mayville, NY 14757
Ph: (716) 753-4471
Website: www.co.chautauqua.ny.us

Programs continued...

Chautauqua Opportunities, Inc

Women, Infants, Children Nutrition Program

17 West Courtney Street

Dunkirk, NY 14048

Ph: (716) 366-3333

Fax: (716) 366-7366

Website: www.chautauquaopportunities.com

Chautauqua PT, OT & SLP Professionals, PLLC

Riverwalk Center

15 South Main Street, Suite 220

Jamestown, NY 14701

Ph: (716) 488-2322

Fax: (716) 488-2574

Website: www.chautauquapt.com

Email: jgoerke@chautauquapt.com

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Eat Smart NY

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Jamestown, NY 14701

Ph: (716) 664-9502 x 216

Fax: (716) 664-6327

Website: www.cce.cornell.edu/chautauqua

Great Lakes Home Healthcare Services/Allied Healthcare Systems

37 West Main Street

Fredonia, NY 14063

15 South Main Street

Jamestown, NY 14701

Ph: (716) 672-4704 (Fredonia)

(716) 664-5092 (Jamestown)

Website: <https://greatlakeshomehealthcare-store.stores.yahoo.net>

Great Lakes Medical Research

138 East Main Street

Westfield, NY 14787

Ph: (716) 326-4890

Fax: (716) 326-4887

Email: seek@glmr.info

Hospice Chautauqua County

Connections

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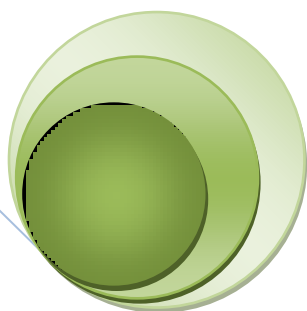
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Download and share



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